



THE BAHAMAS COVID-19 GUIDELINES

1 MAY 2020

CURFEW & LOCKDOWN



Lockdown takes effect every weekend from **Friday 9 PM - Monday 5 AM**. You **must** remain at home unless you are an exempted essential worker or there is an emergency.

During the lockdown you may exercise only on your property.

24-hour curfew takes effect every week from **Monday 5 AM - Friday 9 PM**. You may only leave home for essential shopping (groceries, water, gas, medication or other essential purchases) or in case of an emergency.

During the 24-hour curfew, you may exercise on your property or in your immediate neighborhood for 1 1/2 hours.

Only essential workers and businesses are exempted from the 24-hour curfew.

BORDERS



All airports are closed to incoming international flights carrying passengers. Domestic flights are allowed for **essential purposes only**.

All seaports are closed to private, regional and international boaters.

Emergency flights may operate with approval from the Civil Aviation Authority.

Local and international cargo flights and ships may operate.

Non-essential inter island private or commercial sea travel is not permitted.

SCHOOLS/TERTIARY INSTITUTIONS



All schools and tertiary institutions remain closed until notice is given for reopening by the Competent Authority.

EXEMPTED BUSINESSES



For a complete list of exempted businesses and undertakings, please refer to the **Emergency Powers (Covid-19) 2020 Orders and Regulations** at www.opm.gov.bs

TIPS TO PREVENT SPREAD

FOR BUSINESSES



Businesses should regularly sanitize all door handles, trolleys, shelving, cash counters and glass door panels.

Business owners are responsible for providing masks for all employees.

FOR THE GENERAL PUBLIC



Everyone leaving home **must wear a mask**. Businesses may deny entry to anyone not wearing a mask.

When away from home, you **must have a government-issued ID**.

SENIOR CITIZENS & ESSENTIAL WORKERS



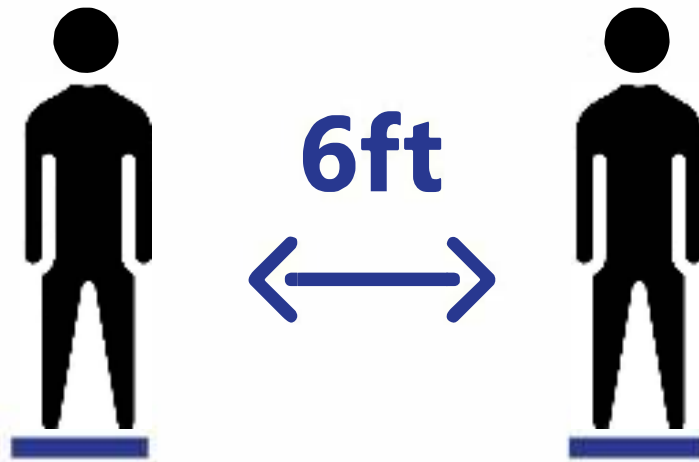
Senior citizens are individuals **60 years of age or older.**

Essential workers are those designated as such under the **Emergency Powers (Covid-19) 2020 Orders and Regulations.** They may work under curfew and/or lockdown conditions.

Some employees of exempted businesses are allowed to work under curfew conditions.

For a list of both, please refer to the **Emergency Powers (Covid-19) 2020 Orders and Regulations** at [opm.gov](https://www.opm.gov).

PHYSICAL DISTANCING PROTOCOLS



Customers and staff must maintain physical distancing of no less than six feet (6ft) inside and outside all establishments.

Business owners must determine the number of persons permitted inside the establishment, using the guideline of one person for every thirty square feet of store space.

Distance markers six feet apart should be placed at the checkout point.

Distance markers should also be placed outside the business indicating where customers must stand.

SHOPPING HOURS

Stores may open later or close earlier than listed below.
Please confirm hours with individual stores.



GROCERIES & MARKETS

MONDAY - FRIDAY

6 A.M. - 7 P.M.

The first two shopping hours on these days are reserved for senior citizens and those with disabilities.

**SATURDAY- 6 A.M. - 6 PM
FOR ESSENTIAL WORKERS**



PLANT NURSERIES

MON. & THURS.

6 A.M. - 12 NOON



HOME & HARDWARE

WED. & FRIDAY

8 A.M. - 8 P.M.



PHARMACIES

MONDAY - FRIDAY

9 A.M. - 3 P.M.

**SATURDAY- 9 A.M. - 3 PM
FOR ESSENTIAL WORKERS**



AUTO PARTS

TUESDAY

8 A.M. - 5 P.M.



PET FOOD

MONDAY - FRIDAY

9 A.M. - 5 P.M.



DRIVE THRU OR TAKEAWAY FOOD VENDORS

MONDAY - FRIDAY

6 A.M. - 7:30 P.M.



GAS STATIONS

MONDAY - FRIDAY

6 A.M. - 5 P.M.



LANDSCAPING & PROPERTY MAINTENANCE

MONDAY - FRIDAY

9 A.M. - 5 P.M.



LAUNDROMATS

MONDAY - FRIDAY

6 A.M. - 5 P.M.



BANKS

MONDAY - FRIDAY

9 A.M. - 1 P.M.

TIPS FOR GROCERY SHOPPING

It is **strongly recommended**, where possible to take advantage of the services of **reputable grocery delivery services**.



WEAR A MASK



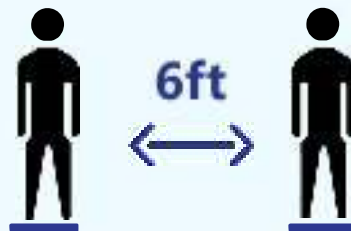
PICK ONE SHOPPER



TAKE A LIST



TRAVEL WITH WIPES



PRACTICE PHYSICAL DISTANCING

ONCE AT HOME



WASH YOUR HANDS



RINSE YOUR PRODUCTS



WASH REUSABLE BAGS



FOR DELIVERIES & TAKE-OUTS

Non-cash payments are encouraged.

Dispose of food delivery package once it is delivered.

When handling cash, always wash your hands immediately after.

Wash your hands **before eating.**



IMPORTANT NUMBERS



311

For shutdown and curfew-related inquiries



411

For general (non-emergency) information about Covid-19



511

For Covid-19 emergency and health-related questions



911

For other health emergencies and life-threatening conditions

WE WANT TO HEAR FROM YOU!

We welcome **your non-health related COVID-19 Suggestions & Questions.**

Here's how:



Visit www.opm.gov.bs



Select the Suggestions tab on the Homepage



Fill in the form and submit

While all submissions may not be acknowledged in writing, please be assured that they will be read and where necessary, forwarded to the relevant parties for consideration. We look forward to hearing from you.